

**Resources for the ARC of Southwest Colorado**

<b>RECREATION</b>		
<b>La Plata County</b>		
Adaptive Sports Association	<a href="http://www.asadurango.com">www.asadurango.com</a>	970-259-0374
Cadence Therapeutic Riding Center	<a href="http://www.cadenceriding.org">www.cadenceriding.org</a>	970-749-0607
Durango Recreation Center	<a href="http://www.durangogov.org">www.durangogov.org</a>	970-375-7300
Spark Adaptive Dance Program	<a href="http://www.sparkdanceprogram.org">www.sparkdanceprogram.org</a>	505-603-1766
Medicine Horse Therapeutic Riding	<a href="http://www.medicinehorsecenter.org">www.medicinehorsecenter.org</a>	970-533-7403
<b>Archuleta County</b>		
Pagosa Springs Recreation Center	<a href="http://www.plpoarecenter.com">www.plpoarecenter.com</a>	970-731-2051
<b>Montezuma County</b>		
Medicine Horse Therapeutic Riding	<a href="http://www.medicinehorsecenter.org">www.medicinehorsecenter.org</a>	970-533-7403
Cortez Recreation Center	<a href="http://www.cityofcortez.com">www.cityofcortez.com</a>	970-564-4080
<b>State and National Websites</b>		
Western Region of the Special Olympics	<a href="http://www.specialolympicsco.org">www.specialolympicsco.org</a>	800-777-5767